

E.O.P
FAMILY MEDICINE
2008-2009



Group-E
Female

1-When you repeat what a pt have said, this is called :

- √ Summation
- repetition

2-the first line of HTN treatment is:

- √ Thiazide Diuretics.
- calcium channel blocker
- ACE inhibitor

3- Chronic Low back pain :

- √ Massage & exercise

4-Acute low back pain

- √ The guide of activity level is pain

5-Communication skills:

- √ Bending forward with eye contact

6-The following are used for the diagnosis of DM EXCEPT:

- √ HbA1C > 6.5%

7-All of the above are used for the diagnosis of DM EXCEPT:



8- wt= 68kg ht= 168cm her BMI is

- 32
- √ 24

9- 49y ♂, periodic screening include all the following EXCEPT:

- PSA
- CHOL

10- Regarding smoking cessation for a heavy smoker the best is:

- Nicotine gum

11- ☹️ ??

✓ Recognize verbal & non- verbal cue

12- ??? clinical- walk ?? acute episode?? ☹️

13- Impetigo:

- the commonest is olus
- infectious in school

14- the best test for the diagnosis of epigastric reflux is :

- urea breath test
- endoscopy
- PH

15- All the following are factors of obesity EXCEPT:

- Genetic
- Overeating
- physical inactivity
- Depression
- ✓High socio-economic class

16- Mechanism of asthma:

- IgE
- inflammatory process
-process
-process
-process

17- 50 yo ♂ came to ER c/o sever abdominal pain for 2h, he gave Hx of previous intermittent attacks of epigastric abdominal pain decreased by antiacids O/E pt had diffused tenderness, guarding & rigidity. Most likely the diagnosis is:

- ✓ perforated peptic ulcer
- Appendicitis.
- cholecystitis

18- Hepatitis B EXCEPT:

20% of ☹-

19- 5 years old child has sustained contusion in the rt ankle 2h @ school, the nurse treated him with ice O/E echymosis & swelling with pain:

- Start oral AB
- ✓ Advise to elevate the rt leg.
- Aspirate the swelling
- Incise & drain
- Topical AB

20- case typical of migraine headache except that the pain is bilateral

21- On clinical examination of a pt, breast mass was found the next step of evaluation is:

- US
- FNA
- Mammogram
- excision of the mass
- tell her to go home & come again after 2 months

22- Effectiveness of intervention :

- ✓ Randomize controlled trial

23- In iron deficiency anemia:

- ✓ decreased iron, decreased ferritin , increased iron binding capacity
- Other choices diff in the increase & decrease no need to write it

24- Depression EXCEPT:

- ✓ If there is a +ve family Hx, you are 20 times more @ risk than others

25- couple ... have no children with Hx of 1 abortion 3 years ago, they have been trying to conceive for the last 18 months with NO success they came to your clinic asking for advice what do you do????:

- semen analysis for the husband
- laparoscopy
-
-

26- IBS 😞

27-IHD, chest pain ... how can you rule out MI:

- Normal ECG
- Cardiac enzymes
- stress ECG
- Coronary arteriography

28- Streptococcal tonsillopharyngitis EXCEPT:

- ✓ diarrhea

29- Watery discharge ...

- Viral conjunctivitis

30- 1ry prevention

- ✓ tetanus prophylactic vaccine

other choices were abt screening which is secondary prevention All

31- Red eye & Hx of allergy ... treatment :

32- Chronic fatigue syndrome :

33- Compliance of pt ...I think fm the common

34- PHC principle EXCEPT : "fm the common"

- multisectorial approach

✓ provision of essential drugs

35- comprehension ☹️?????

36- ☹️???

✓ exercise 3-5days / week for 30 min

37- ☹️???

✓ Encourage breast feed after delivery

**38- Diarrhea case ...1 year old child with diarrhea for 1 day,
No signs of dehydration "they mentioned the signs"**

✓ Continue breast feeding + food appropriate for his age

39- ☹️??

40- ☹️??

Sorry, but that's all we remember

Collected By:
Khulud S. Al-Saedi